# **Project Title: PSB Highlight Report**

# **Workstream: Early Years- To Give Every Child** the Best Start in Life

**Project Lead: Sandra Husbands/Alison Williams/Nina Williams** 

interventions for families with children from birth to the age of

Date: 01/08/2019

Project Overview	Links to other workstreams or partners
<ul> <li>Jig-so is a multi-agency and multi-disciplinary team involving health and local authority staff. The project aims to offer support to young or vulnerable parents at the earliest possible opportunity - in the first 1000 days of their children's lives.</li> <li>The team consist of 7 midwives, 4 nursery nurses, 3 early language workers and 5 parenting workers. All are colocated and work together as one team. Due to the multiagency</li> </ul>	<ul> <li>Excellent referral pathway from generic midwives thanks to the robust links with Jig-so midwives (very early identification of need).</li> <li>Positive links with Action for Children enhanced by regular referral meetings.</li> <li>Robust links with social services as a result of the team's parenting officers, enabling us to meet the often complex needs of the most vulnerable families.</li> </ul>
nature of the team it is able to offer a greater level of support that other agencies are often unable to provide.	Primary Care Child and Family Wellbeing Team ( GP Network)
Primary Care Child and Family Wellbeing Team ( GP Network)	<ul> <li>Positive relationships with key health professionals in GP networks</li> </ul>
The PCCFWT is funded by 3 out of 5 GP Cluster Networks in Swansea. It is a collaborative initiative funded by health and implemented by staff within Swansea Council's Early	<ul> <li>Referral pathway's established between other EIS Services and third sector providers</li> <li>Robust links with Statutory Services</li> </ul>
Intervention Services. The project aims to improve family wellbeing and resilience through the offer of home based	ALN-Non Flying Start Training Flying Start

11 years, who present at their local GP with concerns regarding children's behaviour and development.

☐ The team consist of 2 full time workers.

#### **ALN – Non Flying Start Training**

A suite of training has been identified and planned for delivery during Autumn 2019. The training will support Swansea's Early Years Childcare settings (private and third sector childcare) to have a better understanding and provide due regard to the ALN Code. Training will support and enhance the childcare workforce to consider whether a child has, or may have ALN, prepare and maintain IDP's and support the workforce to work collaboratively with parents, specialist provision and Local Authority.

# ALN Grant - 30 Hour Funded Childcare Offer

The funding awarded through the ALN Grant is for childcare providers to enable access to childcare for 3 & 4 year olds and support each child's individual needs.

The funding can also be utilized to help upskill the workforce with training such as support for dealing with specific medical needs or more general training that is directly linked to the provision of care for a specific child.

#### **SKIP Meithrin**

☐ SKIP Meithrin is the evidence based early years movement programme that we have developed and delivered alongside Dr Nalda Wainwright from the University of Wales Trinity St David, the Wales Institute of Physical Literacy, Swansea Active Young People Team & The Family Resource Team

- Education
- Health
- Speech and Language

#### **SKIP Meithrin**

- Ageing Well Work stream By helping develop children's fundamental motor skills we are helping children to build a movement vocabulary that will serve them going forward and help them be the best that they can be in respect of physical activity. The aim is to develop a good base camp of movement skills to provide children with opportunities to engage well with physical activity over the course of their life.
- University of Wales Trinity St David (UWTSD)
- Flying Start
- Non maintained day nurseries
- Active Young People Team
- · Family Resource Team

### **Project Outcomes/ Milestones**

#### **Jigso**

- Having been operational for 3 years, the project is considered established. An independent evaluation undertaken by Swansea University highlighted the benefit of the multiagency team.
- As a result of a very positively received recent conference
  Jig-so were asked to present at the Welsh Government
  Pathfinders meeting as Jig-so was highlighted as an example
  of good practice in supporting families in the early years.

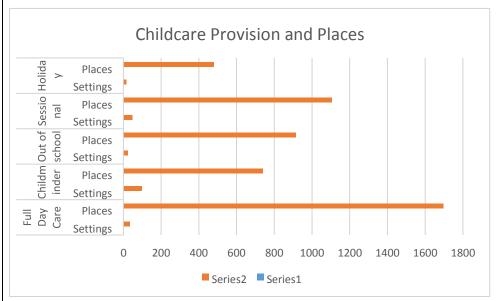
# Primary Care Child and Family Wellbeing Team (GP Network)

- The project has been operations for 3 years and is considered established. An independent evaluation of the project by Swansea University highlighted the benefit of this collaborative project.
- It is believed that this project is the first of its kind in the UK
- The project has been successful in evidencing significant cost avoidance for the families engaged in and benefitting from its support. It has also evidenced significant re focusing / appointing of GP appointment time.
- In May 2019 the project was shortlisted as a finalist in the Academi Wales Award for Improving Outcomes for People In Wales
- The project has also been shortlisted for the NHS Wales

Award under the category of Improving Patient Wellbeing. The winner will be announced on September 19<sup>th</sup> 2019.

# **ALN – Non Flying Start Training**

Within the first term of delivering the training we aim to provide 160 training places to the childcare workforce in Swansea.



#### **SKIP Meithrin**

- 12 week intervention programme delivered in 11 early years settings across Swansea
- Development of 4 day SKIP practitioner and mentoring training programme delivered by UWTSD

# **Key Updates this period**

# **Highlights - Achievements / Outcomes**

# **Jigso**

- Swansea University have completed a year long study with very positive outcomes and highlighted the impact the project is having on families worked with. This study was based on both quantitative and qualitative research and funded by the Welsh School of Research grant.
- Removal of age restriction prohibiting parents being referred if over 24 years of age, as it is felt the project is able to support the general population better in this way and offer intervention at an earlier stage.

# **Primary Care Child and Family Wellbeing Team (GP Network)**

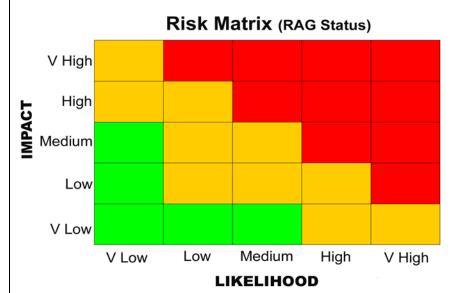
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# **Challenges/ Barriers Jigso**

- Area 1 Continued project development
- Area 2 overcoming differences from both agencies policies and procedures.
- Area 3 developing the project in times of austerity.

# Primary Care Child and Family Wellbeing Team (GP **Network)** ☐ Continued funding post March 2020

# **Overview of key risks**



#### Jigso

1. Risk 1 – funding reductions Impact – High Likelihood - V

- high 2. Risk 2 structural changes within social services Impact medium. Likelihood – High.
  - 3. Risk 3 project no longer funding health employees impact - V high, Likelihood - medium

# **Primary Care Child and Family Wellbeing Team (GP Network)**

- 1. Risk 1 funding reductions Impact High Likelihood V high
- 2. Risk 2 structural changes within social services Impact medium, Likelihood - High.
- Risk 3 project no longer funding health employees impact - V high, Likelihood - medium

#### **SKIP Meithrin**

- Capacity to roll out 12 week programme to all early years settings is limited to staff time
- Financial uncertainty around supporting training and resources

# Priorities for next period

#### Jigso

- Continue to develop and expand Jig-so
- look at opportunities to further evidence the impact of the project.

# Primary Care Child and Family Wellbeing Team ( GP Network)

To explore continuation of funding opportunities

#### **SKIP Meithrin**

 To improve the mentoring of the staff working with the children in settings

#### Stakeholders Involved & Communication undertaken

#### **Jigso**

Health and Local authority

Primary Care Child and Family Wellbeing Team (GP Network) GP Clusters, Health and Local Authority

#### **SKIP Meithrin**

Local Authority, UWTSD, Private Sector, Flying Start Settings

Any Actions for PSB: (Please tick as appropriate) Note Action Decision

- Action 1 Identify Lead for Early Years Strategy Steering Group after the retirement of Andrew Davies
- Action 2 Provide senior strategic support to PSB workforce to promote the Best Start campaign
- Action 3 Discuss funding issues of health staff within Jig-so, explore the form of support PSB board can provide to enable the continuation of this project.
- Action 4 Specialist training that supports the sector to understand, address and support children with ALN within provision.
  - Action 5 Confidence that referrals into specialists support can withstand a possible increase of children being identified earlier with ALN. E.g. before the age of 3 years.

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